

# Child Sexual Abuse Prevention Training



The sexual abuse of children is an overwhelming problem. In the United States, **1 in 4 girls** and **1 in 6 boys** are sexually abused before the age of 18. Child abuse is a community problem. Children are at an increased risk of being harmed when adults have a fear to act upon the abuse or are in denial that it is occurring in their community.

All participants will receive the training, *Stewards of Children*, a national award winning prevention and response program for adults who serve children. Stewards is part of the Darkness to Light Foundation, an international nonprofit organization that seeks to protect children from sexual abuse, by educating adults on how to prevent, recognize, and react responsibly to child sexual abuse. The training will consist of videos, discussion, and a participant workbook. Simple strategies will be introduced through 7 Steps to Protecting our Children. Preventing child sexual abuse is a huge challenge, but with that challenge is an opportunity to face it. We feel confident that this training will awaken a new sense of purpose in participants and empower them with hope. This training is appropriate for Mental Health Providers, Health Care Providers, Early Education, Social Workers, Criminal Justice Employees and Youth-Serving organizations (sports leagues, day care centers, after school programs, children's clubs, church groups, etc.)

## What Topics are Covered in Stewards of Children?

- Facts about the problem of child sexual abuse.
- The types of situations in which child sexual abuse might occur.
- Simple, effective strategies for protecting children from sexual abuse.
- The importance of talking about the prevention of sexual abuse with children and other adults.
- The signs of sexual abuse so you that you might intervene and be able to react responsibly.

## What Outcomes Can Be Expected After Training?

- Increased awareness of the prevalence, consequences and circumstances of child sexual abuse
- New skills for adults to prevent, recognize and react responsibly to child sexual abuse
- Proactive, positive change to organizational policies and procedures
- Individual commitment to action via a personal prevention plan

## Presenters

Lisa Follmer received her social work degree from the University Of Nebraska at Kearney and has worked with children and families for over ten years. Lisa is currently employed with Community Action Partnership of Mid-NE in the Child Abuse Resource and Education Program. Prior to that, she worked in a contract position with families whose children were state wards. In this position, she advocated for families and worked with them on identifying safety plans and implementing safe practices in the home. In her current role as child abuse prevention educator, Lisa provides comprehensive trainings for parents, professionals and organizations on all aspects of child abuse and prevention. She also facilitates bullying prevention programs to children in the classroom. Lisa currently serves on the Kearney Area Child Abuse Prevention Council.

Andrea Kemp is a 1996 graduate of the University of Nebraska at Kearney. Andrea is a licensed Social Worker and has been working in the field for the last 14 years. Andrea has been employed at the Family Advocacy Network since February 2006. Previous to FAN she worked in foster care and also with the homeless population. In October 2006 she completed Forensic Interview Training and has conducted over 300 interviews and assisted in over 800 cases involving physical/sexual abuse of children and adults. Andrea's primary role at FAN is advocacy, which includes court preparation and assisting in the prosecution of abuse cases. Andrea participates in local, state, and national peer review and has received additional training in internet crimes involving children.